



Team Building



Certification

Graduates receive DTA Short Course Certificate



Duration

1 day (8 hours)

Course Description

Team building activities are designed to foster collaboration, improve communication, and strengthen the bonds among team members. Whether in the workplace, educational settings, or community groups, these activities contribute to a positive and cohesive team environment. Participants will engage in a series of interactive exercises that encourage teamwork, understanding, and mutual respect, helping to create a stronger and more unified team dynamic.

Course Outcome

By the end of this course, participants should be able to:

- Communicate effectively with team members through active listening and clear expression.
- Appreciate and adapt to cultural differences within diverse teams.
- Demonstrate leadership qualities that promote collaboration and collective problem-solving.
- Apply emotional intelligence to manage conflict and build positive workplace relationships.
- Foster mutual respect and trust to enhance teamwork and organizational harmony.

Topics Covered

- **Communication:**
 1. Broken Telephone
 2. Sticker Charades
 3. Apples, Oranges, and Bananas
- **Cultural Diversity: Understanding Different Cultures**
 1. Language Barriers
 2. Values – The Foundation of Ethics
- **Leadership:**
 1. Mind Fields
 2. Simon Says
 3. Egg Toss Review Game
- **Emotional Intelligence:**
 1. Claim Conflict
 2. The Six Hats
- **Respect and Trust in the Workplace:**
 1. Know Your Peers
 2. Trust Snake



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