



Safety Skills for Caring Adults



Certification

Graduates receive DTA Short Course Certificate



Duration

1 days (8 hours)

Course Description

The Child Safety, First Aid & Fire Awareness course is a one-day practical training programme designed to equip caregivers with the essential knowledge and skills to keep children safe within the home environment. It focuses on three key safety pillars child-focused first aid, fire prevention and response, and housekeeping protocols that reduce common household risks.

Participants will learn how to respond to minor medical emergencies, prevent fire-related hazards, and maintain a clean and hazard-free environment. This course is ideal for parents, guardians, and domestic staff who are directly responsible for children's daily well-being in home settings.

Course Outcome

- By the end of this course, participants will be able to:
- Understand common household risks that pose danger to children and how to prevent them
 - Perform basic first aid techniques for children, including CPR, treating minor burns, cuts, and choking
 - Recognise the early signs of fire, understand its behaviour, and respond appropriately using home fire equipment
 - Conduct basic home risk assessments to reduce child injury hazards (e.g., chemicals, electrical outlets, stairways)
 - Use and store cleaning chemicals responsibly in homes with children
 - Respond calmly and quickly in an emergency, including evacuation and alert procedures
 - Implement housekeeping routines that promote cleanliness and safety in play, eating, and sleeping areas
 - Communicate effectively with children during emergencies to reassure and guide them
 - Develop a child safety checklist for their own home environment

Topics Covered

- Introduction to Domestic Safety & Child Injury Prevention
- Child-Focused First Aid: CPR, Minor Wounds, Burns, Choking and Drowning
- Understanding Fires in the Home and Safe Reaction Protocols
- Household Fire Risks: Stoves, Heaters, Candles, Faulty Wiring
- Safe Use & Storage of Cleaning Chemicals
- Preventing Common Accidents: Falls, Cuts, Burns, Electrocutation
- Housekeeping for Safety: Daily Routines to Reduce Risks
- Emergency Procedures and Evacuation Basics
- Creating a Child-Safe Environment: Room-by-Room Guide
- Home Safety Checklist & Action Plan



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